

Hairui (Harry) Liu

1. Education Background

- Ph. D. Kinesiology 2017 fall - July 2021
Auburn University, Auburn, AL
- *Dissertation*: The impact of a Sport Education basketball season on college students' leisure time basketball practice
 - *Minor*: Statistics
- Ed. D. Coaching Science 2011 fall - December 2014
Shanghai University of Sport, Shanghai, China
- *Dissertation*: Asymmetry and fatigue effects between dominant and non-dominant legs on female soccer athletes during unilateral & bilateral landings - implications for ACL injury
- Master, Physical Education & Coaching 2008 fall - 2010 spring
Shanghai University of Sport, Shanghai, China
- *Thesis*: Kinematics and sEMG analysis on elite Chinese male boxers' back straight punch
- Bachelor, Physical Education 2004 fall - 2008 spring
Shanghai University of Sport, Shanghai, China

2. Professional Experience

- Assistant Professor
Department of Education, Health & Behavior Studies
University of North Dakota, Grand Forks, ND, USA 2023/08 - Current
- Assistant Professor 2022/02 - 2023/5
Department of Kinesiology & Applied Health
University of Winnipeg, Winnipeg, MB, Canada
- Research Associate (NIH P20) 2021/08 - 2021/12
Physical and Developmental Disabilities Research Lab
Department of Physical Education
University of South Carolina, Columbia, SC, USA

3. Publications (*indicated as corresponding author)

1. Wei Mao, Jessica Zonr, Wanting He, **Hairui Liu***. Dancing toward development: integrating teaching styles A & F into preschool dance to support motor skills, social-emotional learning, cognition, and physical activity (in review). *Journal of Physical Education, Recreation & Dance*.
2. Wei Mao, **Hairui Liu***, Peter Hastie, Jesse Rhades. An Investigation of Reciprocal, Learner-Designed, and Learner-Initiated Teaching Styles in Sport Education: A Student Coach's Perspective (in review). *Physical Education & Sport Pedagogy*

3. Wei Mao, **Hairui Liu***, Wanting He, Tanis Walch. Mapping instructional constraints in preschoolers' motor skill learning: a brief review (in review). *Exercise, Sport, and Movement*.
4. Wanting He, **Hairui Liu***, Tanis Walch, Wei Mao. Associations of body mass index, physical activity, sex, screen time, and neighborhood environment with school functioning: evidence from the 2022-2023 National Survey of Children's Health (in review). *Pediatric Exercise Science*.
5. Wanting He, **Hairui Liu***, Wei Mao, Tanis Walch. Sex differences in associations among motor competence, perceived motor competence, and physical activity: a brief review (in review). *Exercise, Sport, and Movement*.
6. Wei Mao, Jessica Zorn, **Hairui Liu***. Dance like no one is watching: differentiated instruction strategies for teaching line dance to students with vision impairments (in press). *PALASTRA – Adapted Physical Education Practice Journal*.
7. Wei Mao, **Hairui Liu***, Peter Hastie. Grow as a student coach: practical insights on integrating three teaching styles into Sport Education Model (in press). *Journal of Physical Education, Recreation & Dance*.
8. Tristan Wallhead, Kelly Simonton, **Hairui Liu**, Peter Hastie, Duanying Li, Jian Sun (in review). Using Sport Education to promote pre-service teachers' physical fitness and social-emotional learning. *Physical Educator*.
9. Melanie Gregg, Peter Hastie, **Hairui Liu*** (2025). Operationalizing physical literacy through Sport Education in an elementary PE program. *PHEnex Journal – PHE Canada's Official Research Journal*.
10. Zhi Li, Sandra Moritz, **Hairui Liu***. Motor imagery as a potential tool to alleviate choking under pressure in sport performance (2024). *Journal of Imagery Research in Sport and Physical Activity*.
11. Wang Wei, Melanie Gregg, **Hairui Liu***. The impact of hemispheric activity priming on choking under pressure in badminton tasks: a study of three fundamental skills (2023). *Journal of Human Kinetics*.
12. Sheri Thornburg-Brock, **Hairui Liu*** (2023). An investigation of skills, tactical knowledge, and game performance transfer in badminton - a pickleball perspective. *International Journal of Physical Education, Sports and Health*.
13. **Hairui Liu**, Wei Shen, Anyi Hu, Wei Wang, Wei Li, Peter Hastie (2023). The impact of Sport Education on physical education majors' basketball content knowledge and performance. *Journal of Teaching in Physical Education*.
14. Peter Hastie, Ping Li, **Hairui Liu**, Xiang Zhou, Lingsong Kong (2023). The Impact of Sport Education on Chinese Physical Education Majors' Volleyball Content Knowledge and Performance. *Research Quarterly in Exercise and Sport*
15. Ping Li, Wei Wang, **Hairui Liu**, Chunhe Zhang, Peter Hastie (2022). The impact of Sport Education on Chinese physical education majors' volleyball competence and knowledge. *Sustainability*, 14, 1187.

16. Peter Hastie, Yanhua Mo, **Hairui Liu*** (2022). Changing the paradigm: Teaching Martial Arts through Sport Education. *Journal of Health, Sports, and Kinesiology*, 2(4), 10-19.
17. Peter Hastie, Wei Wang, **Hairui Liu***, Yaohui He (2021). The effects of Play Practice instruction on the badminton content knowledge of a cohort of Chinese physical education majors. *Journal of Teaching in Physical Education*, 37(2), 133-143.
18. **Hairui Liu**, Peter Hastie (2021). Incorporation of physical activity challenges within a Sport Education-based physical education class. *Physical Educator*, 78, 521-539.
19. **Hairui Liu**, Wei Wang, Peter Hastie (2020). College students' development of badminton skill and tactical competencies following Play Practice. *Journal of Teaching in Physical Education*, 40(2), 284-292.
20. **Hairui Liu**, Wei Shen, Peter Hastie (2020). Responses of Chinese students and their teacher to a season of Sport Education. *International Sports Studies*, 42(2), 5-20.
21. **Hairui Liu**, Wei Wang, Peter Hastie (2020). Using Play-Practice to develop pre-service teachers' content knowledge in badminton. *The Asian Journal of Kinesiology*, 22(3), 17-23.
22. Peter Hastie, Anyi Hu, **Hairui Liu** (2020). Incorporating Sport Education within a physical education sports club in China. *Curriculum Studies in Health and Physical Education*, 11(2), 129-144.
23. Guopeng You, **Hairui Liu**, Xing Zhang, Chunhe Zhang (2016). 2012-2013 Chinese provinces' public sports input-output efficiency evaluation and influencing factor analysis – DEA-Tobit model approach. *Journal of Tianjin Sport University*, 31(3), 209-215.
24. Guopeng You, **Hairui Liu**, Chunhe Zhang, Dexin Wang (2016). Research on competitive sports training efficiency in all provinces and autonomous regions of China – Based on DEA Model. *China Sport Science and Technology*, 52(5), 26-32.
25. Jacob K. Gardner, Songning Zhang, **Hairui Liu**, Gary Klipple, Candice Stewart, Clare E. Milner, Irfan M. Asif (2015). Effects of toe-in angles on knee biomechanics in cycling of patients with medial knee osteoarthritis. *Clinical Biomechanics*, 30, 276-282.
26. Yanfei Guan, Li Guo, Nana Wu, Jiakai Zheng, **Hairui Liu** (2015). Biomechanical analysis on knee joints during fencing lunge in athletes of different levels. *China Sport Science and Technology*, 51(4), 58-62.
27. **Hairui Liu***, Weijie Fu, Xie Wu, Li Guo, Ying Wu (2014). Biomechanics research on laterality effect between dominant and non-dominant leg during single leg landing. *China Sport Science*, 34(8), 70-76.
28. **Hairui Liu**, Xie Wu, Ying Wu (2014). A review of fatigue effect on non-contact ACL injury in sport. *Chinese Journal of Tissue Engineering Research*, 18(7), 1101-1108.
29. Liping Yu, **Hairui Liu** (2013). The management optimization of universities physical activity facilities. *Sports Culture Guide*, 1(1), 90-93.

30. Liping Yu, Jiaying Yu, **Hairui Liu** (2012). Sociological analysis of health building awareness of the city transient population - in view of city of Wuhan. *Journal of Wuhan Institute of Physical Education*, 46(12), 47-50.
31. Ying Wu, **Hairui Liu**, Qingwen Zhang, Xie Wu (2012). Kinematics and relatively muscle sEMG analysis on the back straight punch of male boxing elites of China. *China Sport Science and Technology*, 48(2), 57-62.

4. Manuscript/Project in Progress

1. Wanting He, Wei Mao, **Hairui Liu***, Jessica Zorn, Tanis Walch. Impact of a physical activity challenge & Sport Education summer camp on 24-Hour movement behaviors. *Target Journal: Journal of Physical Activity & Health*
2. Wei Mao, Wanting He, **Hairui Liu***, Jessica Zorn, Tanis Walch. Move for Life: fostering physical literacy through teaching styles within the Sport Education summer camp. *Target Journal: Journal of Teaching in Physical Education*
3. **Hairui Liu***, Wei Mao, Wanting He, Tanis Walch. Effects of school-based physical activity interventions on cognitive and academic outcomes. *Target Journal: Educational Psychology Review*
4. Wei Mao, Wanting He, **Hairui Liu*** (2026). From Spectrum Teaching Styles to social emotional learning: bridging spectrum theory & Sport Education practice in elementary PE. *Target Journal: Journal of Physical Education, Recreation & Dance*.
5. Wei Mao, Wanting He, **Hairui Liu***, Tanis Walch. A joyful dance intervention and its effects on motor development, cognition, and social-emotional learning in Preschool Children. *Target Journal: Journal of Teaching in Physical Education*
6. Wanting He, **Hairui Liu***, Tanis Walch, Wei Mao. Associations of body mass index, physical activity, sex, screen time, and neighborhood environment with school functioning in U.S. Children from 2021-2026. *Target Journal: Journal of Physical Activity & Health | Medicine & Science in Sports & Exercise*
7. Wanting He, Wei Mao, **Hairui Liu***, Tanis Walch. A joyful dance intervention and its effects on 24-Hour Movement Behaviors in Preschool Children. *Target Journal: Journal of Physical Activity & Health*
8. Wanting He, **Hairui Liu***, Tanis Walch, Wei Mao. A Meta-Analysis of 24-Hour Movement Behavior in Preschoolers. *Target Journal: Journal of Physical Activity & Health*
9. Wanting He, Wei Mao, **Hairui Liu***, Jesse Rhoades, Tanis Walch (2026). Guided discovery, reciprocity, and inclusion in Sport Education: advancing teaching styles integration for motivated learning. *Target Journal: Physical Educator*
10. **Hairui Liu** & Peter Hastie (2026). Pre-service teachers' responses to Sport Education: A Gestalt perspective on racket sports experiences (in revision). *Target Journal: Physical Educator*.

11. Duanying Li, Tristan Wallhead, Kelly Simonton, **Hairui Liu**, Peter Hastie, Lunxin Chen, Jian Sun. Tracking students' motivational beliefs through emotions and interest within and between the phases of Sport Education Fitness Seasons (in revision). *Target Journal: Journal of Teaching in Physical Education*.
12. Jessica Zorn, Tanis Walch, **Hairui Liu***. Inclusive Moves: investigating the effects of pickleball on motor development and social-emotional learning in children with developmental disabilities (in writing). *Target Journal: TBD*.
13. Jessica Zorn, **Hairui Liu***. Inclusive Moves: A peer-teaching approach to pickleball summer camp for enhancing motor development, physical activity, and social-emotional learning in children with developmental disabilities (in writing). *Target Journal: PALASTRA – Adapted Physical Education Practice Journal*.
14. Wei Wang, Peter Hastie, **Hairui Liu***. The Effects of Different Teaching Models on Badminton Content Knowledge and Skill (in writing). *Target Journal: Journal of Teaching in Physical Education*.
15. **Hairui Liu***, Wei Wang, Peter Hastie. Play Practice tasks for promoting pre-service teachers' badminton content knowledge (in writing). *Target Journal: Journal of Teaching in Physical Education*.
16. **Hairui Liu***, Peter Hastie. Learning in a volleyball class (club): Impact of a high autonomy climate on students' motivation and engagement in a club-based physical education setting (in writing). *Target Journal: Journal of Teaching in Physical Education*.
17. Li Zhao, Melanie Gregg, **Hairui Liu***, Zhi Li, Sandra Moritz. Effects of Priming and Motor Imagery on Choking Under Pressure in Volleyball (in writing). *Target Journal: Journal of Sport & Exercise Psychology*.

5. Professional Presentations

1. Jessica Zorn, Tanis Walch, Wei Mao, Wanting He, **Hairui Liu***(2026). Inclusive Moves: Pickleball program improves perceived competence and sleep for children with and without developmental disabilities. American College of Sports Medicine 2026 Annual Meeting, Salt Lake City, UT, United States.
2. Wanting He, **Hairui Liu***, Tanis Walch, Wei Mao (2026). Associations of BMI, physical activity, sex, screen time, and neighborhood support with school behavior problems. American College of Sports Medicine 2026 Annual Meeting, Salt Lake City, UT, United States.
3. Wanting He, Wei Mao, **Hairui Liu***, Jesse Rhoades, Tanis Walch (2026). Guided discovery, reciprocity, and inclusion in Sport Education: advancing teaching styles integration for motivated learning. AIESEP 2026 Annual Meeting, Taipei, Taiwan
4. Wei Mao, Wanting He, **Hairui Liu*** (2026). From Spectrum Teaching Styles to social emotional learning: bridging spectrum theory & Sport Education practice in middle school volleyball. AIESEP 2026 Annual Meeting, Taipei, Taiwan

5. **Hairui Liu** & Peter Hastie (2026). Pre-service teachers' responses to Sport Education: A Gestalt perspective on racket sports experiences. SHAPE America 2026 Annual Convention, Kansas City, Missouri, United States.
6. Wei Mao, **Hairui Liu***, Peter Hastie (2026). The influence of reciprocal, learner-designed, and learner-initiated teaching on student outcomes in Sport Education. American Educational Research Association 2026 Annual Meeting, Los Angeles, California, United States.
7. **Hairui Liu***, Wei Mao, Jesse Rhoades (2025). Student Coaches: Teaching Style Effects in Sport Education. AIESEP International Conference, Saint Petersburg, FL, United States.
8. Mao Wei, **Hairui Liu**, Peter Hastie, Jesse Rhoades (2025). Student Coaches in Sport Education: Examining the Impact of Teaching Styles. American Educational Research Association Annual Meeting, Denver, Colorado, United States.
9. Wei Mao, **Hairui Liu**, Peter Hastie, Jesse Rhoades (2025). Evaluating the impact of hybrid play practice and sport education models on college students' game performance development. AIESEP International Conference 2025, Saint Petersburg, Tampa, FL, United States.
10. Melanie Gregg, **Hairui Liu**, Peter Hastie (2024). Operationalizing physical literacy through Sport Education in an elementary physical education program. European Congress of Sport and Exercise Psychology Annual Meeting, Innsbruck, Austria.
11. **Hairui Liu**, Jesse Rhoades, Peter Hastie (2024). Enhancing pre-service teachers' specialized content knowledge through the Sport Education Model in the secondary physical education teaching methodology course. Paper presented at the American Educational Research Association Conference, April 2024, Philadelphia, PA.
12. Wei Wang, **Hairui Liu**, Peter Hastie, Zhi Li (2024). Promoting motivation and skill development in Chinese physical education teacher education: A hybrid model approach. Paper presented at the AIESEP 2024, Jyväskylä, Finland.
13. Duanying Li, Lunxin Chen, Tristan Wallhead, Kelly Simonton, **Hairui Liu**, Peter Hastie, Ji Hongshen, Jian Sun (2024). Tracking motivational beliefs and student emotions through fitness-based Sport Education phases. Paper presented at the AIESEP 2024, Jyväskylä, Finland.
14. Melanie Gregg, Peter Hastie, **Hairui Liu** (2023) The Sport Education Model: Enhancing Personal Skills, Understanding of rules, and enjoyment in team handball lessons. Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) 2003 Annual Meeting in Kingston, Ontario, Canada.
15. Zhitao Li, Tristan Wallhead, **Hairui Liu**, Kelly L. Simonton, Peter Hastie, Duanying Li, Jian Sun (2023). Relationships between student motivational/social beliefs, emotions, and fitness performances using Sport Education in Chinese college physical education. *AIESEP: International Association for Physical Education in Higher Education, Santiago de Chile.*

16. Mahan Shahrooie, Melanie Gregg, **Hairui Liu** (2023). Physical Literacy and Canadian Newcomer Children. Canadian Society for Psychomotor Learning and Sport Psychology 2023.
17. Wei Wang, **Hairui Liu**, Peter Hastie (2023). The Effects of Different Teaching Models on Badminton Content Knowledge and Skill. *AERA: American Educational Research Association, SIG 93, Chicago, Illinois, USA.*
18. **Hairui Liu**, Sheri Thornburg-Brock, Peter Hastie (2022). An investigation of skills, tactical knowledge, and game performance transfer in badminton - a pickleball perspective. *AIIESEP: International Association for Physical Education in Higher Education, Gold Coast, Queensland, Australia.*
19. Wei Wang, **Hairui Liu**, Peter Hastie, Chunhe Zhang (2022). The Effects of Play Practice on the Badminton Content Knowledge of Physical Education Pre-service Teachers in China. *AIIESEP: International Association for Physical Education in Higher Education, Gold Coast, Queensland, Australia.*
20. Wei Shen, **Hairui Liu**, Peter Hastie (2022). The Impact of Sport Education on Physical Education Majors' Basketball Content Knowledge and Performance. *AIIESEP: International Association for Physical Education in Higher Education, Gold Coast, Queensland, Australia.*
21. Wei Wang, **Hairui Liu**, Peter Hastie (2021). The physical education pre-service teachers' development of badminton content knowledge following Play Practice in China. *AIIESEP: International Association for Physical Education in Higher Education, Alberta, Canada.*
22. Anyi Hu, **Hairui Liu**, Peter Hastie (2021). Incorporating Sport Education within a physical education sports club in China – A self-determination perspective. *AIIESEP: International Association for Physical Education in Higher Education, Alberta, Canada.*
23. Ping Li, **Hairui Liu**, Peter Hastie (2021). Learning in a high autonomy climate volleyball club: The impact on Chinese student's motivation and engagement. *AIIESEP: International Association for Physical Education in Higher Education, Alberta, Canada.*
24. **Hairui Liu**, Peter Hastie (2020). Can Sport Education increase students' attendance in a high autonomy climate club-based college PE? *AERA: American Educational Research Association, SIG 93.*
25. Wei Wang, **Hairui Liu**, Peter Hastie (2020). Using Play Practice to develop pre-service teachers' content knowledge, skills, and game performance in badminton. *2020 Yokohama Sport Conference (2020 Olympic Scientific Congress), Yokohama, Japan.*
26. Ping Li, **Hairui Liu**, Peter Hastie (2020). Impact of a high autonomy climate on Chinese students' motivation and engagement in a club-based physical education setting. *2020 Yokohama Sport Conference (2020 Olympic Scientific Congress), Yokohama, Japan.*
27. Peter Hastie, Kurt Ward, **Hairui Liu** (2019). Impact of ability grouping on activity levels

during game play in physical education. *Research Quarterly for Exercise & Sport*.

28. **Hairui Liu**, Jianqun Kou, Peter Hastie (2019). The impact of a Sport Education tennis season on college students' leisure-time tennis practice. *AIESEP: International Association for Physical Education in Higher Education, New York, United States*.
29. Wei Wang, **Hairui Liu**, Chunhe Zhang, Shu Zhou, Peter Hastie (2019). The development of skill and tactical competencies in badminton under a technical challenge integrated directed teaching method. *AIESEP: International Association for Physical Education in Higher Education, New York, United States*.
30. **Hairui Liu**, Peter Hastie (2019). Can Sport Education based-college PE (tennis) increase the leisure-time physical activity in the same sport? *SHAPE America, Tampa, Florida*.
31. **Hairui Liu**, Li Guo (2008). Energy metabolism in elite female Chinese-style wrestlers. *Shanghai International Forum on Medicine and Sport Science, Shanghai, China*.

6. Grant & Contracts

*(Principal investigator unless otherwise noted; Co-Investigator indicated with *)*

2026 CEHD Mini Grant, \$3,000 – awarded

2026 CEHD ASCEND Grant, \$30,000 – not awarded

2026 UND Faculty Instructional Development Committee Travel Grant, \$2,000 – submitted

2026 Caplan Children Foundation Letter of Inquiry, \$29,000 – not awarded

Product Features Driving Young Adult ENDS and Nicotine Pouch Use: Implications for Tobacco Regulatory Science (NIH R03), \$50,000 – submitted (*Co-Investigator**)

2026 UND Early Career Scholars Program (ECSP), \$30,000 – not awarded

2026 Spectrum Institute for Teaching & Learning Travel Fellowship, \$2,000 – awarded (Wei Mao)

2026 Spectrum Institute for Teaching & Learning Travel Grant, \$1,500 – awarded (Wanting He)

2025 ND Rural Health Transformation Program Letter of Inquiry, \$2 million – not awarded

2025 TRANSCEND Grant (NIH), \$75,000 – not awarded

The Anxiety & Depression Initiative, Inc. Get Out and Get Active Grant: Dance for Well-being: 24 Hours Movement Behavior & Mental Health in the Visually Impaired, \$10,000 – not awarded

2025 Spectrum Institute for Teaching & Learning Doctoral Student Research Grant (with Wei Mao, Wanting He, UND Doctoral Students), \$15,000 – awarded

2024 CEHD Mini Grant, \$3,000 – awarded

2025 UND Faculty Instructional Development Committee Travel Grant, \$2,000 – awarded

2025 Spectrum Institute for Teaching & Learning Research Grant, \$25,000 – not awarded

2024 TRANSCEND Grant (NIH), \$75,000 - not awarded

2025 UND Connect Grant (Dancing Like No One is Watching), \$5,000 – awarded

2024 Netland & Blikre Faculty Support Award, \$1,000 – awarded

2024 Gibbens Memorial Grant – North Dakota Association for the Disabled, \$5,000 – awarded
(*Co-Investigator**)

2024 UND Faculty Instructional Development Committee Travel Grant, \$2,000 – awarded

2024 Spectrum Institute for Teaching and Learning Research Grant, \$5,000 – awarded

2024 North Dakota Diversification Research Funds, University Research Collaboration Program (URCP, with NDSU and Minot State University), \$50,000 – not awarded

2024 UND Connect Grant (Inclusive Moves), \$5,000 – awarded

2024 UND CEHD Mini-Grant, \$3,000 – award

2024 ND State Council of Developmental Disabilities Small Innovative Grant, \$9,800, National Institute on Disability, Independent Living, and Rehabilitation Research (Administration for Community Living) – awarded

2024 SHAPE Research Grant, \$2,000 – not awarded

2024 NSF Major Research Instrumentation Program (MRI), \$1.39 million, UND Kinesiology White Paper – not awarded

2023 Grand Forks Community Foundation Micro-Grant: Inclusive Moves Summer Camp, \$2,000 (principal investigator) – awarded

2023 Canada Social Sciences & Humanities Research Council (SSHRC) Insight Development Grant (IDG) \$75,000 (principal-investigator) – submitted

2021 UW Faculty Research Grant, 2022, \$10,000 (Principal-Investigator) – awarded

2022 UW Gupta Research Grant, 2022, \$7,000 (Principal-Investigator) – awarded

- An investigation of skills, tactical knowledge, and game performance transfer in badminton - a pickleball perspective

2022 UW Major Research Grant, 2022, \$7,500 (Principal-Investigator) – awarded

- Operationalizing physical literacy through Sport Education in a leisure-time physical activity program

2023 The University of Winnipeg Discretionary Grant, \$1,000 – awarded

2023 The University of Winnipeg Travel Grant, \$1,500 – awarded

2022 The University of Winnipeg Travel Grant, 2021-2022, \$2,000 – awarded

2017-2020 Auburn University School of Kinesiology Travel Award, \$750/year – awarded

2018 Auburn University College of Education Travel Award, \$500/year – awarded

2013 China General Administration of Sport, General Research Grant, equal to \$6,500 (*Co-Investigator**) – awarded

2012 Shanghai Municipal Social Science Grant, equal to \$3,500 (*Principal-Investigator*) – awarded

2011 Shanghai Science & Technology Commission, General Research Grant, equal to \$150,000 (*Co-Investigator**) – awarded

7. Editorial Board

- Journal of Teaching in Physical Education - March 2026
- Frontiers in Sports & Active Living - September 2025
- The Professional Educator (Editorial Board) 2020 - 2023

8. Ad Hoc Reviewer

- Journal of Sports Sciences 2025 - 2026
- Sport Sciences for Health 2025 - 2026
- PHEnex Journal 2025 - 2026
- Education Sciences 2022 - 2026
- BMC Psychology 2023 - 2026
- Frontiers in Psychology 2024 - 2026
- International Journal of Environmental Research and Public Health 2021 - 2026
- Research Quarterly for Exercise & Sport 2021 - 2026
- The Professional Educator 2019 - 2026
- Journal of Teaching in Physical Education 2020 - 2026
- European Physical Education Review 2020 - 2026
- Physical Education & Sport Pedagogy 2024 - 2026
- Scientific Reports 2023 - 2026
- Children 2021 - 2026
- AIESEP (International Association for Physical Education in Higher Education) 2025, Florida.
- AIESEP (International Association for Physical Education in Higher Education) 2024, Finland.
- AIESEP (International Association for Physical Education in Higher Education) 2023, Santiago de Chile.

- AIESEP (International Association for Physical Education in Higher Education) 2022, Gold Coast, Australia.
- AIESEP (International Association for Physical Education in Higher Education) 2021, Banff, Canada
- AERA SIG 93 Learning & Instruction in Physical Education 2026, Los Angeles, CA
- AERA SIG 93 Learning & Instruction in Physical Education 2025, Denver, CO
- AERA SIG 93 Learning & Instruction in Physical Education 2024, Philadelphia, PA
- AERA SIG 93 Learning & Instruction in Physical Education 2023, Chicago, IL
- AERA SIG 93 Learning & Instruction in Physical Education 2022, San Diego, CA

9. Courses Taught

Assistant Professor, University of North Dakota, Grand Forks, ND 2023 - Current

- KIN 111M/231M Individual Sports Combination (capacity 30)
- KIN 116/236 Team Sports Combination (capacity 30)
- KIN 400/400 Lab Methods & Materials for Teaching Physical & Health Education in the Primary School (capacity 30)
- KIN 410/410 Lab Methods & Materials for Teaching Physical & Health Education in the Secondary School (capacity 30)
- KIN 404 Adapted Physical Activity (capacity 40)
- KIN 420 Curriculum Development in Physical & Health Education, (capacity 30)
- PHE 305 Research Methods in Kinesiology & Public Health Education, (capacity 40)
- PHE 306 Epidemiology & Biostatistics, (capacity 40)
- KIN 525 Motor Development (capacity 20)
- KIN 524 Adapted Physical Activity (capacity 20)

Assistant Professor, University of Winnipeg, Winnipeg, MB, Canada 2022 - 2023

- KIN 3113 Instruction in Fitness Activities (capacity 30)
- KIN 2207 Physical Growth & Motor Development (capacity 40)
- KIN 2102 Pedagogical Theories & Models for Physical Activity & Sports (capacity 45)
- KIN 2109 Instructional Sport & Physical Activities (Racquet Sports, capacity 30)

Graduate Teaching/Research Assistant, Auburn University, Auburn, AL 2017 - 2021

- PHED 1400 Badminton (capacity 30)
- PHED 1550 Tennis (capacity 30)
- KINE 1103 Wellness (Health Education, capacity 60)

- KINE 1003 Active Auburn (capacity 60)
- KINE 3010 Instruction & Technology in Kinesiology (capacity 20)
- KINE 4300 Physical Education in Secondary Schools (capacity 20)
- KINE 7010 Research Methods in Kinesiology & Physical Activity (capacity 30)

Internship, The Pick Elementary School, Auburn, AL 2018

- Handball and basketball

10. Service

UND “Exercise is Medicine” Advisory Committee 2025

UND Kinesiology Track A (Physical Education Teacher Education) Coordinator 2024 - current

UND Teacher and School Professional Education Committee (Physical & Health Education) 2024 - current

Initial License Assessment Committee (College of Education & Human Development, UND) 2024 - current

- Review graduate curriculum updates in the College of Education & Human Development at the University of North Dakota. Contributed to the development and refinement of assessment practices, including syllabus language revisions for disposition evaluations and discussions on aligning the Teacher Work Sample (TWS) and Lesson Plan templates to enhance clarity and accessibility for candidates and faculty.
- Supported continuous improvement initiatives tied to CAEP Standard 5, such as contributing to stakeholder engagement processes, participating in the review of Key Assessment validity cycles, and collaborating on new documentation strategies for quality assurance and program improvement.

Graduate Curriculum Committee (College of Education & Human Development, UND) 2023 - current

- Review graduate curriculum updates in the College of Education & Human Development at the University of North Dakota.
- Communicate with faculty members in the College of Education & Human Development about the graduate curriculum update proposals.

Tuition Waiver Ad Hoc Committee (College of Education & Human Development, UND) 2025 spring to 2025 August

- Review the graduate tuition waiver policy and updates in the College of Education & Human Development at the University of North Dakota.

- Communicate with faculty members and program directors about Graduate Assistantship Positions from CEHD

Departmental Curriculum Committee (Kinesiology & Applied Health, UW)

- Review curriculum updates in the Department of Kinesiology & Applied Health.
- Communicate with the Department of Education about the teacher certification process.
- Collaborate with DCC members to conduct annual assessments on the Bachelor of Physical & Health Education (BPHE) and future curriculum updates.
- Attended meetings in PHE Manitoba and the Manitoba Physical Education Supervisor Association since the winter of 2022.
- Meeting with practitioners to listen to their opinions about curriculum suggestions in BPHE.

Bachelor of Physical & Health Education Coordinator (Kinesiology & Applied Health, UW)

- Program orientation in the degree path.
- Coordination of degree information and consultation.
- Practicum.

Student Supervision

- Zack Tontillo (Auburn University) - edTPA (Teacher Licensure)
- Abbey Johnson (Auburn University) - edTPA (Teacher Licensure)
- Mark Gavalov (University of Winnipeg) - Honor Project (Research Assistant)
- Kiley Gmiterek (University of Winnipeg) - Research Assistant
- Patricia Davies (University of Winnipeg) - Research Assistant
- Mahan Shahrooie (University of Manitoba) - Research Assistant
- Komal Mangle (University of North Dakota) - Teaching Assistant
- Craig Orlando (University of North Dakota) - Student Teaching (Teacher Licensure)
- Brandon Henry (University of North Dakota) - Student Teaching (Teacher Licensure)
- Colin Lavell (University of North Dakota) - Student Teacher (Teacher Licensure)
- Wei Mao (University of North Dakota) - Doctoral Student Supervisor
- Jessica Zorn (University of North Dakota) - Doctoral Student Supervisor
- Jeremy Lala (University of North Dakota) - Doctoral Student Supervisor
- Wanting He (University of North Dakota) - Doctoral Student Supervisor
- Wyatt Braswell (University of North Dakota) - Kinesiology Undergraduate

- Cruz Megazzini (University of North Dakota) - Master Thesis Committee
- Sam Holman (University of North Dakota) - Student Teacher (Teacher Licensure)
- Brittany Koenen (University of North Dakota) - Student Teacher (Teacher Licensure)
- Bailey Rosch (University of North Dakota) - Student Teacher (Teacher Licensure)
- Erica Williams (University of North Dakota) - undergraduate research (Pre-PT)

Society of Health & Physical Educator (SHAPE) America Undergraduate Award (Major of the Year Award): UND Kinesiology (Physical Education Track)

Sam Holman, Cleveland, Ohio, 2024.

Aiden Bourke, Brittany Koenen, and Bailey Rosch, Kansas City, Missouri, 2026

11. Membership

- Society of Health and Physical Educators (SHAPE America) 2017 - Current
- American College of Sports Medicine 2022 - Current
- International Association for Physical Education in Higher Education (AIESEP) 2018 - Current
- American Education Research Association (AERA SIG 93) 2019 - Current
- The National Consortium for Physical Education for Individuals with Disabilities (NCPEID, lifetime membership since 2023)

12. Awards

Early Career Award, The International Organization for Physical Education in Higher Education (AIESEP), Jyväskylä, Finland, 2024

13. Athletic Experience

2006 The 3 rd P. R. CHINA National Sports Games	7 th
2005 Shanghai Judo/Chinese Wrestle Championships	Champion
2005 P.R. China National Judo Championships	7 th
2004 Henan Province Judo Championships	Champion

14. Certification

- K-12 Physical & Health Education Teacher Certification (Shanghai, China).
- Level 1: National Judo Referee Certification (China).
- Level 1: National Judo Coaching Certification (China).
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