

## **Julie Ann Smith-Yliniemi, PhD, LPCC, NCC**

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### **EDUCATION**

#### **Ph.D. in Counselor Education and Supervision**

North Dakota State University, Fall 2018

*Dissertation Title: The lived experience of Nationally Certified Counselors who attended an eight-day Native American cultural immersion institute.*

#### **Master of Public Health**

American Indian Public Health Certificate

North Dakota State University, May 2017

#### **Master of Science in Counseling & Student Affairs**

Minnesota State University - Moorhead, May 2006

*Thesis Title: Effectiveness of Alcohol Education among 8th Grade Native Americans*

#### **Bachelor of Science in Health Education**

Minnesota State University - Moorhead, May 2002

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### **HONORS & AWARDS**

- **Johns Hopkins University CIRCLE Fellow, 2024**
  - **Native Children's Research Exchange (NCRE) Scholars Program Fellow, 2024**
  - **Outstanding Faculty Award, Yorkville University, New Brunswick, Canada, 2023**
  - **Alumni Achievement Award, Minnesota State University - Moorhead, MN, 2017**
  - **Doctoral Student Minority Fellowship Program Recipient, National Board for Certified Counselors, Greensboro, NC, 2016**
  - **North Dakota School Counselor Student of the Year Scholarship Award, North Dakota Counseling Association, 2005**
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## **PROFESSIONAL LICENSURE & CERTIFICATIONS**

- **Licensed Professional Clinical Counselor**  
Minnesota Board of Behavioral Health and Therapy, License #00504
  - **National Certified Counselor (NCC)**  
National Board for Certified Counselors, Certificate #215952
  - **School Counselor**  
Minnesota Board of Education, License #403222
  - **Health Educator**  
Minnesota Board of Education, License #40322
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## **TRAINING & CERTIFICATIONS**

- **Participant - Faculty Success Program, National Center for Faculty Development and Diversity (NCFDD)**  
Completed 10-week faculty development program focused on productivity, time management, and work-life balance, 2025
- **Trainer - Research Ethics Training Health in Indigenous Communities (rEthics)**  
Completed trainer program for research ethics in Indigenous communities, 2024
- **Master Trainer - Mental Health Facilitator (MHF)**  
National Board for Certified Counselors, Greensboro, NC, 2016
- **Doula, Breastfeeding, Childbirth Education Coach Certification**  
Bemidji, MN, 2016
- **Healthy Relationships Facilitator Trainer**  
White Earth, MN, 2013
- **Applied Suicide Intervention Skills Training (ASIST) Trainer**  
Denver, CO, 2011
- **Suicide Alertness for Everyone (SafeTALK) Trainer**  
Orlando, FL, 2010
- **Gathering of Native America's (GONA) Facilitator**  
Rosebud Indian Reservation, SD, 2009
- **Peacemaking/Restorative Justice Facilitator**  
Nares Mountain, Yukon Territory, Canada, 2008

- **Native American Circle Healing Facilitator**  
Callaway, MN, 2007
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## **CLINICAL EXPERIENCE**

### **Mental Health Counselor and Supervisor**

*March 2016 - August 2019*

Lakes Crisis and Resource Center

Detroit Lakes, MN

**Duties:** Provided individual and group therapy to domestic violence and sexual assault survivors. Site and clinical supervisor for clinical mental health interns/trainees.

### **Trauma Educator and Trainer**

*August 2016 - Current*

Minneapolis Public Schools

Minneapolis, MN

**Duties:** Provided ongoing trauma training to district staff. Facilitated Cognitive Behavioral Intervention for Trauma in Schools (CBITS) training to district counselors and Indian Education staff.

### **Consultant, Supervisor, Counselor**

*November 2009 - 2016*

White Earth Tribal Nation

White Earth, MN

**Duties:** Supervisor of school counseling services. Collaborated with local universities and community counseling agencies to offer mental health services to students. Provided consultation regarding students with parents/teachers/school staff. Delivered counseling services including mental health therapy, academic credits, transcripts, college visits, career exploration, and graduation preparation. Provided mental health psychotherapy to Native American women at an in-patient treatment center.

#### **Additionally:**

- Provided group counseling to battered women at a local shelter.
- Trained over 300 community members in SafeTALK (Suicide Alertness for Everyone).
- Developed a Mental Health Team at Circle of Life Academy Tribal School.
- Implemented trauma groups/CBITS at Circle of Life Academy Tribal School.

- Site supervisor for school psychology interns, Minnesota State University - Moorhead.

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## **TEACHING EXPERIENCE**

### **Assistant Professor**

*April 2022 - Current*

University of North Dakota

Grand Forks, ND

**Duties:** Dissertation committee member and advisor for PhD students. Teach Community-Based Participatory Research and Tribally Driven Research Frameworks (PH766).

Developed and taught a study abroad Global Indigenous Health Perspective course (IH 715) to New Zealand.

### **Adjunct Instructor**

*August 2019 - Present*

Yorkville University

New Brunswick, Canada

**Duties:** Adjunct Instructor for Master of Counseling Psychology program. Teach courses in Cognitive Behavioral Techniques, Cognitive Behavioral Interventions, Ethics, Advanced Counseling Skills, Psychodynamic and Humanistic Modalities, Theories of Personality, Cultural Diversity in Counseling, Group Counseling, and Assessment in Counseling.

### **Assistant Professor**

*August 2018 - 2022*

Arkansas State University

Jonesboro, AR

**Duties:** Developed multicultural and school counseling curricula. Instructor for master's degree counseling program, entirely online/virtually. Courses taught included: Theories of Counseling, Techniques of Counseling, Social and Cultural Foundations of Counseling, Ethics, Introduction to School Counseling, and Program Development and Evaluation.

### **Adjunct Instructor**

*August 2020 - 2021*

North Dakota State University

Fargo, ND

**Duties:** Adjunct Instructor for Masters of Clinical Counseling Program. Taught Internship class.

**Adjunct Instructor**

*December 2006 - 2018*

White Earth Tribal & Community College

Mahnomen, MN

**Duties:** Adjunct Instructor. Prepared and taught Developmental Psychology and Mental Health Assessment classes. Incorporated Native American culture and history into the curriculum.

**School Counselor**

*August 2005 - 2009*

Waubun-Ogema-White Earth School District

Waubun, MN

**Duties:** Prepared students for post-secondary options. Administered achievement tests and career interest inventories. Provided classroom instruction in social skills, goal setting, and career interests. Met with students and parents regarding education plans. Planned and organized graduation ceremonies.

**Health Education Teacher**

*August 2002 - May 2005*

Discovery Junior High

Fargo, ND

**Duties:** Prepared and taught full health curriculum, including units in family relationships, career development, and chemical dependency. Utilized effective classroom management techniques.

**Educational Instructor**

*2003 - 2005*

White Earth Rez Summer Employment Program

Nay-Tah-Waush, MN

**Duties:** Provided Native American youth with activities to develop social skills and explore career interests. Organized mini-sessions, job fairs, and guest speakers on careers of interest. Assisted students in obtaining GEDs, college admissions, and financial aid information.

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**GUEST LECTURES & CULTURAL STEWARDSHIP**

**09/18/2025**

*Welcome & Opening Prayer & Song*

Native Children's Research Exchange Conference, Denver CO.

**12/02/2024**

*Mental Health and Breastfeeding*

North Dakota State College of Science, Nursing Education Class

**11/19/2024**

*Spirituality within Mental Health Counseling and Self Care*

University of North Carolina, Greensboro, Counselor Education Class

**08/16/2024**

*Coordinated and Conducted Cedar Ceremony on my Home Reservation*

American Indian Higher Education Consortium, Summer Seminar

**08/05/2024**

*Welcome & Opening Prayer/Talking Circle*

American Indian Higher Education Consortium, Summer Seminar

**08/05/2024**

*Community-Based Participatory Research (CBPR)*

American Indian Higher Education Consortium, Summer Seminar

**08/05/2024**

*rETHICS: Research Ethics Training for Health in Indigenous Communities*

American Indian Higher Education Consortium, Summer Seminar

**04/04/2024**

*How do professional organizational memberships benefit students*

UND PhD Indigenous Health Seminar Course

**07/31/2024**

*Australia's Apology: What It Is Like to Be Aboriginal - Video & Study Abroad*

PhD Students on Campus, Summer Seminar

**07/31/2024**

*A Moment of Healing and Time for Discussion: Talking Circle*

PhD Students on Campus, Summer Seminar

**07/11/2023**

*Indigenous Trauma & Resilience*

## **SUPERVISION EXPERIENCE**

### **Director, Community Engagement & Outreach**

*April 2022 - Present*

University of North Dakota, Grand Forks, ND

School of Medicine and Health Sciences, Indigenous Health Department

**Duties:** Supervise and host weekly meetings for the Community Engagement & Outreach team for the Indigenous Trauma and Resilience Research Center.

### **Clinical Supervisor**

*August 2016 - 2020*

Lakes Crisis and Resource Center, Detroit Lakes, MN

**Duties:** Supervised master's level students weekly on providing care to adolescent and adult clients at the crisis center. Supervision included individual therapy, group therapy, psychoeducational assessments, and crisis management. Responsibilities also included signing paperwork, conducting quarterly evaluations, and maintaining communication with students' graduate programs.

### **Site Supervisor**

*December 2014 - 2016*

Circle of Life Academy, White Earth, MN

**Duties:** Supervised students in the Indians into Psychology Doctoral Education (INPSYDE) program, which is a grant-funded initiative by UND's psychology department aimed at increasing the number of American Indian psychologists. Ensured students gained adequate experience with a sufficient number of clients.

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## **LEADERSHIP EXPERIENCE**

### **Suicide Prevention, Awareness & Response Advisory Team Member**

*2024- Present*

University of North Dakota

**Duties:** Collaborate with advisory team members to develop and implement strategies for suicide prevention, awareness, and response. Contribute to policy development, program planning, and community engagement efforts. Provide insights and recommendations to improve support systems and resources for individuals at risk.

### **Cultural Consultant**

*2023 - Present*

Sanford Health, North Dakota Region

Treatment Collaborative for Traumatized Youth (TCTY) Native American Grant

**Duties:** Consult with the director and co-director on cultural activities and trainings. Provide cultural teachings and lead talking circles with the TCTY team.

### **Researcher Cultural Immersion Experience**

*June 2023*

Rosebud Indian Reservation, Mission, SD

**Duties:** Led a three-day multidisciplinary, multi-institutional cultural immersion experience on a Native American reservation for researchers interested in community engagement. Coordinated with the local health initiative director to create opportunities for the community to learn about the researchers and vice versa.

### **Mental Health First Aid Research Advisory Board Member**

*2023 - Current*

National Council for Mental Wellbeing, Washington, DC

**Duties:** Advise and assist Mental Health First Aid USA on ongoing research and future opportunities related to individual programs, including Youth MHFA, Teen MHFA, MHFA at Work, and other MHFA modules. This group demonstrates an active commitment to mental health equity through research and community impact.

### **National Board for Certified Counselors Foundation Mentor**

*2023 - Current*

Greensboro, NC

**Duties:** Serve as a mentor to NBCCF Fellowship recipients pursuing their Ph.D. in counseling education and supervision. Support fellows serving underserved populations including military, rural, and minority communities.

### **Alice T. Clark Scholars Mentoring Program**

*2022 - 2023*

University of North Dakota, Grand Forks, ND

**Duties:** Participated in the orientation and collegial support program for new faculty. Made connections with colleagues across the university, learned about programs and resources, and worked with an experienced faculty mentor.

### **Promoting Indigenous Research Leadership**

*October 2022*

Grand Forks, ND

**Duties:** Selected to participate in a specialized program to promote research careers of Indigenous investigators working within Indigenous communities.

**National Counselor Exam (NCE) Item Writer**

*2019 - 2021*

National Board for Certified Counselors (NBCC), Greensboro, NC

**Duties:** Write and review exam questions for the National Counselor Exam.

**Executive Team Member**

*2020 - 2022*

Bureau of Justice Assistance, Comprehensive Opioid Abuse Program, Detroit Lakes, MN

**Duties:** Participated in national grantee meetings on rural response team mobilization. Attended monthly executive team meetings and contributed to project planning and strategy implementation.

**Mental Health Facilitator Master Trainer**

*August 2016 - Present*

National Board for Certified Counselors International (NBCC-I), Greensboro, NC

**Duties:** Provide training for service providers in the Mental Health Facilitation curriculum. Collaborate on implementing educational and service institutes internationally and on the White Earth Indian Reservation.

**Co-Leader of Mental Health Facilitation Training**

*November 2017*

University of Rwanda, Africa

**Duties:** Co-led a group of Nationally Certified Counselors to Rwanda and facilitated a Train-the-Trainer for Rwandan clinical psychologists and group participants in the Mental Health Facilitation (MHF).

**Community Healing Assistant**

*September 2017*

Native Wellness Institute, Kuia, Hawaii

**Duties:** Participated in and assisted with a three-day conference on community healing in Indigenous communities.

**Curriculum Development Assistant**

*January 2017*

National Board for Certified Counselors International Institute of Education, Africa University, Malawi

**Duties:** Assisted Africa University in curriculum development for a master's and Ph.D.

counseling program. Taught the Mental Health Facilitation training to master's level students.

## **GRANTS**

### **CIRCLE: Advancing Indigenous Equity in Substance Use**

*July 2024 - Present*

Principal Investigator

Johns Hopkins University P50 Center of Excellence. Partnered with the Pine Point Community on White Earth Reservation to conduct mixed-method CBPR research on Culture Camps.

### **Center to Stream Healthcare In Place (C2SHIP)**

*June 2023 - Present*

Co-Principal Investigator

National Science Foundation (NSF) funded. Engaged academic and industrial partners in healthcare technology development and innovation through multi-specialty collaborations.

### **Indigenous Trauma and Resilience Research Center**

*April 2022 - Present*

Director, Community Engagement & Outreach

NIH-funded Center of Biomedical Research Excellence (COBRE). Collaborated with communities, academic institutions, and agency partners to focus on community-engaged research aimed at improving population health outcomes and reducing health disparities.

### **Dakota Community Collaborative of Translational Activity (DaCCoTA)**

*2022 - 2023*

Director, Community Engagement & Outreach

NIH-funded Clinical & Translational Research Center (CTR). Worked with communities, academic institutions, and agency partners to improve population health outcomes and reduce health disparities.

### **Methamphetamine & Suicide Prevention (MSPI) Initiative**

*2009 - 2011*

Developed and managed a federal MSPI grant addressing suicide prevention. Provided education on methamphetamines and suicide, developed a community-wide crisis response team, and conducted research on the White Earth Reservation.

### **University of Minnesota - Ambit Network**

*2012 - 2015*

Assisted as a liaison between Ambit and the White Earth Nation education department to

implement evidence-based trauma therapy models in schools and community counseling centers. Ambit is a National Child Traumatic Stress Network Category III site.

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## **PUBLICATIONS**

Malott, K. M., **Smith-Yliniemi, J.**, Ali, L., & Darazsdi, Z. (2025). Decolonizing Adolescent Interventions: From Marginalization to Liberation. *Journal of Child and Adolescent Counseling*, 1–24.

McGinnis, C. Z. A., **Smith-Yliniemi, J.**, & Mandia, L. (2025). Counseling individuals and families of Native American descent. In *Social, Cultural, and Christianity in Counselor Education*. Kendall Hunt Publishers.

**Smith-Yliniemi, J.**, Malott, K. M., Riegert, J., & Branco, S. F. (2024). Utilizing collective wisdom: Ceremony-assisted treatment for Native and non-Native clients. *The Professional Counselor*.

**Smith-Yliniemi, J.**, & Hemming, L. (2023). American Indian women and trauma. In *The SAGE Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*. SAGE Publications.

Hemming, L., & **Yliniemi, J. A.** (2022). Culturally responsive counseling for clients of Native American descent. In *Multicultural Counseling: Responding with Cultural Humility, Empathy and Advocacy* (Section 2: The Client’s Worldview, Chapter 8).

McGinnis, C., & **Smith, J. A.** (2016). Christian perspective of an Ojibwe sweat for women. *Journal of Pastoral Care and Counseling*, 70(3), 206-211.

<https://doi.org/10.1177/1542305016673150>

## **MANUSCRIPT & CURRICULUM REVIEW**

**Journal of Public Mental Health** - (2025)

Manuscript Title: *In-person versus virtual Mental Health First Aid: a retrospective mixed-method analysis of real-world post-training helping behavior outcomes*

**The Interamerican Journal of Psychology (IJP)** - (2025)

Manuscript Title: *Applying Liberation Psychology for an Anti-Hegemonic Supervision Praxis*

**National Board for Certified Counselors-** (2025)

Curriculum Title: *Mental Health Facilitation (Global Curriculum)*

## **IN THE MEDIA**

Smith-Yliniemi, J. (2025). *Episode 220: Decolonizing Mental Health with Dr. Julie Smith-Yliniemi* [Audio podcast episode]. In *The Behaviour Speak Podcast*.

<https://www.behaviourspeak.com/>

Schill, B. J. (2025, June 4). *The Trust-Builders*. Published in School of Medicine & Health Sciences. <https://blogs.und.edu/for-your-health/2025/06/04/the-trust-builders/>

Schill, B. J. (2024, October 30). *UND students to research Indigenous Health in New Zealand, Ghana*. Published in *Equity*, School of Medicine & Health Sciences, Study Abroad.

<https://blogs.und.edu/und-today/2024/10/und-students-to-research-indigenous-health-in-new-zealand-ghana/>

Smith-Yliniemi, J. *Mental Health Academy – Team Profile*. Retrieved from

<https://www.mentalhealthacademy.net/team/julie-smith-yliniemi>.

Johns Hopkins Center for Indigenous Health. (n.d.). *CIRCLE Fellowship*. Retrieved from

<https://cih.jhu.edu/about-circle-fellowship/>

Smith-Yliniemi, J. A. (2023, April 4). *Kids find hope and pride in Detroit Lakes powwow DL-Online*. Retrieved from

<https://www.dl-online.com/opinion/letters/letter-kids-find-hope-and-pride-in-detroit-lakes-powwow>

Johnson, M. T. (2018, December 12). *Coming together to exchange ideas and love: DL woman travels to Australia for Healing Our Spirit event*. *DL-Online*. Retrieved from

<https://www.dl-online.com/coming-together-to-exchange-ideas-and-love-dl-woman-travels-to-australia-for-healing-our-spirit-event>

Smith, J. (2016, September). Reflections on the NBCC-I White Earth Institute. *SAMHSA Minority Fellowship eNewsletter*, 6(4), 1-2.

Smith, J. (2016, September). Walking in two worlds. *Detroit Lakes Tribune*.

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## **PRESENTATIONS**

### **International Presentations**

**Smith-Yliniemi, J., Guth, L., Salih (2024).** *Keynote Panel Presenter*. National Board for Certified Counselor's 2024 Global Capacity Building Conference: Mental Health Connections: Fostering Community, Propelling Peace [Virtual].

**Smith-Yliniemi, J., Smith, B., Smith, K., & Bloom, A. (2024).** *Cultural demonstration of Native American dance*. Presentation at the World Indigenous Suicide Prevention Conference, Niagara Falls, NY.

**Smith-Yliniemi, J. (2023).** *Managing mental health wellness and trauma responses during a global pandemic: Utilizing the strengths of cultural teachings, community, and spirituality.* Presentation at the Healing Our Spirits Worldwide Conference, Vancouver, BC, Canada.

**Smith-Yliniemi, J., & NewBreast, T. (2021).** *Mental health connections: Cultivating equity.* Keynote presentation at the National Board for Certified Counselors International Capacity Building Conference [Virtual].

**Smith, J., & Norquay, L. (2020).** *Mental health connections: Counseling across the globe, Indigenous considerations.* Presentation at the International Digital Conference, hosted by the National Board for Certified Counselors [Virtual].

**Smith, J. (2020).** *Infusing culture & spirituality into stress management.* Ask an Expert Webinar, Yorkville University [Virtual].

**Smith, J., & Quintana, T. (2020).** *Medicine for the mind and body: Incorporating wellness in schools through culture and community.* Presentation at the International School Counseling Conference [Virtual].

**Smith, J., & Cole, R. (2019).** *Enhancing resiliency through international cultural immersion experiences.* Presentation at the Mediterranean Region Counselors Association Annual Conference, Naples, Italy.

**Smith, J., & NewBreast, T. (2018).** *Enhancing cultural humility through educational cultural immersion experiences.* Presentation at the Healing Our Spirits Worldwide Conference, Sydney, Australia.

**Smith, J. (2017).** *Incorporating Indigenous practices into evidence-based trauma therapy models.* 60-min session at the Africa International Counseling Conference, Malawi, Africa.

**Smith, J. (2015).** *Healing youth by incorporating traditional Native American healing practices into evidence-based trauma therapy models.* Presentation at the Healing Our Spirits Worldwide Conference, Hamilton, New Zealand.

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### **National Presentations**

**Smith-Yliniemi, J., Mely, J., Smith E. (2025).** *Crafting Connections: Strengthening Indigenous Communities through Cultural Item Making Events.* Poster Presentation at the Johns Hopkins University CIRCLE Summit, Minneapolis MN.

**Smith-Yliniemi, J. (2025).** *The Gift and Responsibility of Being an Indigenous Researcher at Home.* Presentation at the Native Children's Research Exchange Conference, Denver, CO.

**Smith-Yliniemi, J. (2024).** *Trauma and healing informed from an academic and research lens.* Presentation at the Becoming Trauma and Healing Informed Conference, Honolulu, HI.

**Smith-Yliniemi, J., & Schweiger-Moore, W. (2023).** *Building partnership toward program contextualization and implementation in diverse communities.* Presentation at the National Association of Counselor Education Conference, Denver, CO.

**Smith-Yliniemi, J. (2023).** *Integrating Indigenous healing practices into evidence-based trauma therapy models.* Presentation at the NBCC Foundation Bridging the Gap Symposium, Atlanta, GA.

**Smith-Yliniemi, J., Smith, B., & Smith, K. (2023).** *Healing intergenerational trauma by incorporating Indigenous practices into evidence-based trauma therapy models.* Presentation at the National Indian Health Board Conference, Anchorage, AK.

**Smith-Yliniemi, J. (2023).** *Indigenous perspective on health equity.* Presentation at the Government-Industry-University-Foundation Partnerships to Advance Digital Health Care Systems, Convergence Science and Health Equity Conference, Washington, DC.

**Smith-Yliniemi, J. (2023).** *Decolonizing the counseling practice by utilizing the strengths of cultural teachings, community, and spirituality.* Presentation at the Bridging the Gap Virtual Summit, Mental Health Academy [Virtual].

**Smith-Yliniemi, J. (2022).** *Anti-racism and moving towards health equity panel.* Panel presentation at Georgetown University Medical School [Virtual].

**Smith-Yliniemi, J., Smith, B., & Smith, K. (2022).** *Managing mental health during a pandemic: Utilizing the strengths of culture, community, and spirituality.* Presentation at the National Board for Certified Counselors (NBCC) Conference, Washington, DC.

**Smith-Yliniemi, J. (2021).** *Indigenous healing for emotional and mental wellbeing.* Webinar presentation for Treatment Collaboration for Traumatized Youth [Virtual].

**Smith-Yliniemi, J. (2021).** *Using cultural and spiritual care as an educational and supervision tool during a pandemic.* Webinar presentation for the Association for Humanistic Counseling [Virtual].

**Smith, J. (2020).** *Fostering growth through the use of Native American spiritual and cultural practices.* Webinar presentation for the Association for Humanistic Counseling [Virtual].

**Smith, J., & Guth, L. (2019).** *Enhancing cultural humility through a Native American immersion experience.* Presentation at the Association for Counselor Education and Supervision Conference, Seattle, WA.

- Smith, J.** (2018). *Historical and multigenerational trauma and resilience: Impact discussion*. Presentation at the National Board for Certified Counselors (NBCC) Symposium, Washington, DC.
- Smith, J.** (2017). *Developing cultural humility through immersion experiences*. Webinar presentation for the National Board for Certified Counselors (NBCC) Foundation.
- Smith, J., & Guth, L.** (2017). *Creating cultural humility through cultural immersion experiences*. TedTalk presented at the National Board for Certified Counselors (NBCC) Symposium, Atlanta, GA.
- Smith, J.** (2016). *Incorporating traditional Native American practices into evidence-based trauma therapy models*. Paper presented at the Indian Health Services (IHS) National Behavioral Health Conference, Portland, OR.
- Smith, J.** (2016). *Implementing traditional Native American practices into trauma therapy models for youth*. Paper presented at the Eliminating Mental Health Disparities Symposium, Washington, D.C.
- Smith, J.** (2016). *Year of minority fellowship: Collaborating with the National Board for Certified Counselors International to create the first Native American Educational Institute for Nationally Certified Counselors*. Opening song, prayer, presentation, and poster presented at the Eliminating Mental Health Disparities Symposium, Washington, D.C.
- Smith, J.** (2015). *Decreasing dropout rates of Native American students by addressing trauma through cognitive behavioral interventions for trauma in schools*. Paper presented at the At-Risk Youth National Forum, Myrtle Beach, SC.
- Smith, J.** (2014). *Providing emotional support to students through cognitive behavioral interventions to trauma in schools*. Paper presented at the National Native American Dropout Prevention Conference, Prior Lake, MN.
- Nathe, A., & **Smith, J.** (2014). *Providing emotional support to students through cognitive behavioral interventions to trauma in schools*. Paper presented at the North Central Association of Counselor Education and Supervision, St. Louis, MO.
- Smith, J., & Nathe, A.** (2010). *Utilizing SafeTALK in addressing suicide in Indian Country*. Paper presented at the Methamphetamine & Suicide Prevention Initiative National Conference, Oklahoma City, OK.
- Smith, J., & Nathe, A.** (2010). *Utilizing Gathering of Native Americans (GONA) in addressing suicide in Indian Country*. Paper presented at the Methamphetamine & Suicide Prevention Initiative National Conference, Oklahoma City, OK.

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## **Regional & Tribal Presentations**

**Smith-Yliniemi, J. (2025).** *Braiding Knowledge Systems- Centering Indigenous Values Through Two-Eyed Seeing in Tribal Health and Research at UND.* Presented at the United Tribes Technical College Tribal Leader's Summit, Bismarck, ND.

**Smith-Yliniemi, J. (2025).** *Cultural opening and smudge teaching: Opening prayer, song, and cultural grounding.* A Visual Journey of Indigenous Health Doctoral Students: Promoting Community Art Exhibit & Open House, Memorial Union Small Ballroom, University of North Dakota.

**Smith-Yliniemi, (2025).** *Panel Presentation- What it's like being a Native Researcher.* Presented at the White Earth Tribal College for the Center of American Indian and Minority Health program, Mahnommen, MN.

**Smith-Yliniemi, J. (2024).** *Indigenous healing for emotional and mental wellbeing.* Presented for Sanford Health Center - Licensed Psychologists & Interns (virtual).

**Smith-Yliniemi, J. (2024).** *Honoring Indigenous knowledge: Pathways to health equity & community resilience.* Keynote presentation at the Advancing Health Equity Conference, University of North Dakota, Grand Forks, ND. [Virtual].

**Smith-Yliniemi, J. (2024).** *Panel forum on health equity.* Presented at the Advancing Health Equity Conference, University of North Dakota, Grand Forks, ND. [Virtual].

**Smith-Yliniemi, J., & Davis, C. (2024).** *Why Indigenous research helps us all.* Presented at the United Tribes Technical College Tribal Leader's Summit, Bismarck, ND.

**Smith-Yliniemi, J. (2024).** *Indigenous mental health - The hard truth and moving forward.* Presented at the Consumer Family Network Grow Into Recovery Conference, Bismarck, ND.

**Smith-Yliniemi, J. (2024).** *Culture as self-care.* Presented at the Tribal Community Health Representatives Symposium, Grand Forks, ND.

**Smith-Yliniemi, J., & Luger, B. (2024).** *Intersections of healing: Trauma research, cultural immersion, and mental health professionals in action.* Presented at the Indigenous Trauma and Resilience Research Center Symposium, Grand Forks, ND.

**Smith-Yliniemi, J. (2023).** *Utilizing the strengths of traditional Indigenous practices for personal and professional wellbeing.* Presented at the Tribal Maternal & Child Health Symposium, Fargo, ND.

**Smith-Yliniemi, J. (2023).** *Indigenous healing for emotional and mental wellbeing.* Presented at Sanford Health Center - Licensed Psychologists & Interns, Moorhead, MN.

**Smith-Yliniemi, J., & Luger, B. (2023).** *Integrating traditional Indigenous practices into personal & professional development.* Presented at the United Tribes Technical College Tribal Leader's Summit, Bismarck, ND.

**Smith-Yliniemi, J. (2023).** *Indigenous leadership styles and cultural teachings.* Virtual presentation for the Community Health Association of the Dakotas Diversity, Equity & Inclusion Action Team.

**Smith-Yliniemi, J. (2022).** *Educational video series and multi-media approach on the opioid crisis in our communities.* Presented for Rural Responses to the Opioid Epidemic.

**Smith-Yliniemi, J. (2022).** *Anti-racism and moving towards health equity panel.* Panel presentation at Georgetown University Medical School [Virtual].

**Smith-Yliniemi, J., Smith, B., & Smith, K. (2022).** *Managing mental health during a pandemic: Utilizing the strengths of culture, community, and spirituality.* Presentation at the National Board for Certified Counselors (NBCC) Conference, Washington, DC.

**Smith-Yliniemi, J. (2021).** *Indigenous healing for emotional and mental wellbeing.* Webinar presentation for Treatment Collaboration for Traumatized Youth [Virtual].

**Smith-Yliniemi, J. (2021).** *Using cultural and spiritual care as an educational and supervision tool during a pandemic.* Webinar presentation for the Association for Humanistic Counseling [Virtual].

**Smith, J. (2020).** *Fostering growth through the use of Native American spiritual and cultural practices.* Webinar presentation for the Association for Humanistic Counseling [Virtual].

**Smith, J., & Guth, L. (2019).** *Enhancing cultural humility through a Native American immersion experience.* Presentation at the Association for Counselor Education and Supervision Conference, Seattle, WA.

**Smith, J. (2018).** *Historical and multigenerational trauma and resilience: Impact discussion.* Presentation at the National Board for Certified Counselors (NBCC) Symposium, Washington, DC.

**Smith, J. (2017).** *Developing cultural humility through immersion experiences.* Webinar presentation for the National Board for Certified Counselors (NBCC) Foundation.

**Smith, J., & Guth, L. (2017).** *Creating cultural humility through cultural immersion experiences.* TedTalk presented at the National Board for Certified Counselors (NBCC) Symposium, Atlanta, GA.

**Smith, J. (2016)** *Incorporating traditional Native American practices into evidence-based trauma therapy models.* Paper presented at the Indian Health Services (IHS) National Behavioral Health Conference, Portland, OR.

**Smith, J. (2016).** *Implementing traditional Native American practices into trauma therapy models for youth.* Paper presented at the Eliminating Mental Health Disparities Symposium, Washington, D.C.

**Smith, J. (2016).** *Year of minority fellowship: Collaborating with the National Board for Certified Counselors International to create the first Native American Educational Institute for Nationally Certified Counselors.* Opening song, prayer, presentation, and poster presented at the Eliminating Mental Health Disparities Symposium, Washington, D.C.

**Smith, J. (2015).** *Decreasing dropout rates of Native American students by addressing trauma through cognitive behavioral interventions for trauma in schools.* Paper presented at the At-Risk Youth National Forum, Myrtle Beach, SC.

**Smith, J. (2014).** *Providing emotional support to students through cognitive behavioral interventions to trauma in schools.* Paper presented at the National Native American Dropout Prevention Conference, Prior Lake, MN.

Nathe, A., & **Smith, J. (2014).** *Providing emotional support to students through cognitive behavioral interventions to trauma in schools.* Paper presented at the North Central Association of Counselor Education and Supervision, St. Louis, MO.

**Smith, J., & Nathe, A. (2010).** *Utilizing SafeTALK in addressing suicide in Indian Country.* Paper presented at the Methamphetamine & Suicide Prevention Initiative National Conference, Oklahoma City, OK.

**Smith, J., & Nathe, A. (2010).** *Utilizing Gathering of Native Americans (GONA) in addressing suicide in Indian Country.* Paper presented at the Methamphetamine & Suicide Prevention Initiative National Conference, Oklahoma City, OK.

### **Professional Workshops & Courses Delivered**

**Smith-Yliniemi, J. (2025, Jan).** *Therapy As Ceremony: Embracing Decolonial Healing Practices for Native American Clients.* Haugen Performance Consulting, Online Course.

**Smith-Yliniemi, J.** (2024, Aug). *Embracing Self-Love and Purpose: Nurturing Our Spirits Through an Indigenous Lens*. White Earth Tribal Health Division All Staff Workshop, Shooting Star Casino, Mahnommen, MN.

**Smith-Yliniemi, J.** (2024, Nov). *Cultivating a “Complaint-free” mindset*. Nay-Tah-Waush Charter School All Staff Workshop, Nay-Tay-Waush, MN.

## **SERVICE**

### **Elected School Board Member, Detroit Lakes Public Schools, Minnesota**

2024- present

Serve as a representative of the community in overseeing district operations, policies, and budget decisions for a K–12 public school system. Collaborate with district leadership to enhance educational opportunities, equity, and student outcomes. Engage with stakeholders, including parents, teachers, and community members, to address concerns and promote transparency in governance.

### **Member, Healthy Hawks Coalition – Health and Well-Being Advisory Team**

2024-Present

Contribute professional expertise in suicide prevention, health and well-being, with a focus on supporting holistic wellness for students, faculty, and staff on campus.

### **Faculty Advisor, UND Indigenous Health Scholars Association**

2024-Present

Provide mentorship, guidance, and support to Indigenous Health Scholars in their academic and professional development.

### **Mentor, National Board for Certified Counselor Minority Fellowship Program**

2023-Present

Serve as a mentor to an NBCC Minority Fellow, providing monthly mentorship focused on professional development, research guidance, and career support.

### **Mental Health First Aid Research Advisory Board**

*National Council for Mental Wellbeing*

*2023 - Present*

Advised and contributed to ongoing research and development related to mental health programs.

### **Wannigan Park Inclusion and Diversity Project Committee**

*2023 - 2024*

Supported the Minnesota Department of Health's Welcoming Frazee Grant through efforts to promote inclusion and diversity.

**Youth Homeless Demonstration Project Committee**

*2022 - Present*

Contributed to the North Dakota Coordinated Community Plan Grant addressing youth homelessness.

**Commission on Native Children Native Advisory Committee**

*United States Department of Justice: The Task Force on American Indian and Alaska Native (AI/AN) Children Exposed to Violence*

*2022-2023*

Participated in discussions aimed at improving conditions for AI/AN children exposed to violence.

**Diversity, Equity, and Inclusion Committee Member**

*The Association for Humanistic Counseling*

*2020 - 2022*

Worked on initiatives to enhance diversity, equity, and inclusion within the counseling profession.

**Trauma Therapy: Cultural Adaptations Committee Member**

*National Native Children's Trauma Center, Missoula, MT*

*2017 - 2021*

Contributed to the development of culturally adapted trauma therapy interventions for Native children.

**Scholarship Reviewer for Minority Fellowship Program**

*National Board for Certified Counselors, Greensboro, NC*

*2016 - 2022*

Reviewed and evaluated scholarship applications for the Minority Fellowship Program.

**Kinship Mentoring Program**

*Positive Connections, Detroit Lakes, MN*

*2016 - 2019*

Provided mentorship to youth through the Kinship Mentoring Program.

**Bush Fellowship Semi-Finalist**

*Bush Foundation, Minneapolis, MN*

*2015*

Recognized as a semi-finalist for the prestigious Bush Fellowship.

**White Earth Constitutional Reform Education Team**

*White Earth Reservation, MN*

2013 - 2014

Engaged in educational initiatives aimed at reforming the White Earth Constitution.

**Minnesota Suicide Taskforce Member**

*Minneapolis, MN*

2014

Collaborated with state leaders to set goals and objectives for suicide prevention through 2020.

**Native Alive Crisis Team**

*White Earth Reservation, MN*

2010 - 2012

Volunteered one week per month, providing crisis response services for individuals on the reservation.

**College Goal Sunday**

*Waubun, MN & Mahnomon, MN*

2006 - 2010

Assisted low-income and first-generation college students with the financial aid process.

**Graduate Student Organization President**

*Minnesota State University Moorhead*

2004 - 2005

Led the Graduate Student Organization, representing student interests and organizing activities.

**American Indian Student Association**

*Minnesota State University Moorhead*

1999 - 2003

Actively participated in the American Indian Student Association, supporting cultural initiatives and student engagement.

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**ASSOCIATION MEMBERSHIPS**

- American Counseling Association
- American School Counseling Association
- Minnesota Indian Education Association

- National Indian Education Association
  - Malawi Africa Counseling Association
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## **RELEVANT TRAINING/PROFESSIONAL DEVELOPMENT**

### **Indigenous Microaggressions**

*University of North Dakota Teaching Transformation and Development Academy  
November 2024*

Completed training focused on recognizing and addressing microaggressions related to Indigenous identities in educational and professional settings.

### **Disabilities Microaggressions**

*University of North Dakota Teaching Transformation and Development Academy  
October 2024*

Completed training focused on recognizing and addressing microaggressions related to disabilities in educational and professional settings.

### **Ethical Tribal Engagement Series**

*Native Nations Center  
Spring 2024*

Participated in workshops focused on ethical practices and meaningful engagement with Indigenous communities.

### **rETHICS: Research Ethics Training Health in Indigenous Communities**

*University of North Dakota COBRE Symposium  
April 2024*

Attended a one-day training program for preparing trainers in research ethics curriculum.

### **Mentoring Graduate Studies Series**

*University of North Dakota Graduate Office  
2023 - 2024*

Completed workshops on mentoring in a digital world, fostering independence, goal setting, and effective communication.

### **Teaching Information Literacy and Critical Thinking in the Age of AI**

*University of North Dakota Faculty Development Department  
May 2023*

Attended training on integrating generative AI tools, such as ChatGPT, into teaching and assignment design.

**Train the Trainer: Mind-Body Medicine**

*Center for Mind-Body Medicine, Washington, DC*

*January 2022*

Completed five-day Train the Trainer program for incorporating mind-body medicine into trauma healing and clinical practice.

**Mind-Body Medicine Professional Training**

*Center for Mind-Body Medicine, Washington, DC*

*July 2020*

Attended a four-day training on integrating mind-body medicine into medical education and clinical practice.

**Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)**

*University of Minnesota Ambit Network*

*December 2014*

Completed a year-long TF-CBT training cohort, including four days of hands-on instruction, leading to national certification.

**Cognitive Behavioral Intervention for Trauma in Schools (CBITS)**

*The University of Montana, National Native Children's Trauma Center*

*January 2013*

Completed professional development on the application of CBITS for rural populations.

**Positive Behavioral Interventions and Supports (PBIS)**

*August 2012*

Participated in a five-day training with ongoing support for implementing PBIS in a tribal school setting.

**Mending Broken Hearts: Healing Unresolved Grief Training**

*White Bison Inc.*

*October 2012*

Received 24 hours of training on healing grief within Native American communities, focusing on intergenerational trauma.

**Tribal Prescription Drug Abuse and Drug Endangered Children Training Program**

*Lamar Associates*

*June 2012*

Completed a 16-hour training on intervention strategies for addressing prescription drug abuse in schools and communities.

**Coping with Suicide: Self-Care, the Aftermath, and Suicide Prevention**

*Native Children's Trauma Center & The University of Montana*

*August 2012*

Completed 16 hours of specialized suicide prevention training focused on Native American communities.

**Lessons from the Field: Race, Culture, and Children's Mental Health**

*University of Minnesota, Minneapolis, MN*

*December 2009*

Attended a 3.5-hour training addressing historical trauma, microaggressions, and culturally based mental health practices.

**William Glasser Institute: Basic Intensive Week - Choice Theory, Reality Therapy, and Lead Management**

*Bemidji, MN*

*June 2007*

Completed a 27-hour program involving lectures, discussions, and role-playing to enhance understanding of reality therapy and lead management techniques.