Congratulations on your new, benefitted position at the University of North Dakota. Below you will find information to help guide you through the benefit enrollment process.

Please print and complete the three attached forms regarding your benefits and return to und.payrollbenefits@und.edu as soon as possible. These forms are in addition to the online enrollment to follow. Electronic signatures cannot be accepted on these forms, however scanned copies are acceptable.

- **UND Life Insurance** – All benefitted employees are required to take the basic amount of $5,000 of term life insurance at no cost to the employee. You will be providing your beneficiaries and level of coverage on this form.

- **NDPERS State Life Insurance** – All benefitted employees are required to take with the basic amount of $12,000 of term life insurance at no cost to the employee. You will only be providing beneficiary information on this form with coverage amounts to be chosen in the online enrollment process through NDPERS.

- **NDPERS, NDTFFR, TIAA Previous Participation** – This form is used to provide previous retirement service that may be eligible to change the level of TIAA contributions.

**TIAA Retirement** - Also included in this attachment are the instructions for online enrollment to your required TIAA 401(a) plan. You will need to enroll in this plan even if you have a TIAA account with another institution. [www.tiaa.org/und](http://www.tiaa.org/und)

**Additional Benefits:**

Once we have received the above signed forms your NDPERS Member ID will be created. You will then receive an email from und.payrollbenefits@und.edu providing your NDPERS Member ID. This email includes instructions on how to create your NDPERS account and enroll in health, dental, vision and life insurances on NDPERS Member Self-Service. The NDPERS Member ID is what you will use when signing into Member Self-Service and not your UND EMPL ID.

**Health Insurance** - UND pays the full monthly premium for single or family coverage. There are two options available: Dakota Plan (PPO/Basic) or the High Deductible Plan (HDHP). Information is available during the NDPERS online enrollment process or at [https://campus.und.edu/human-resources/_files/docs/insurance/ndpers-health-plan-comparison.pdf](https://campus.und.edu/human-resources/_files/docs/insurance/ndpers-health-plan-comparison.pdf).

**Life Insurances** – There is the option to enroll in supplemental life insurance in one or both plans. Additional term life insurance is available for yourself, spouse and dependents at the rates outlined on the included rate sheet.

**Dental and Vision Insurance** – Monthly premiums are paid for by the employee. Information and rates are available during the NDPERS online enrollment process or at [https://campus.und.edu/human-resources/employees/benefits/insurance.html#Dental](https://campus.und.edu/human-resources/employees/benefits/insurance.html#Dental).
**Supplement TIAA** - There is also the option to enroll in a supplemental 403(b) or 457(b) plan with TIAA. The 403(b) is available in pretax or Roth. This can be done at any time. You would enroll in the account online (www.tiaa.org/und) and complete the Salary Reduction Agreement at:

NDPERS also offers an elective deferred comp 457(b) plan available to enroll in on the NDPERS site.

**Flexible Spending Account** – Information on Healthcare Spending Accounts can be found at

You must enroll within 31 days of employment for the current plan year or wait until the open enrollment period for enrollment in the following year. Enrollment forms can be found at

**Waiver of Pretax Premiums** - Eligible insurance premiums will automatically be pre-taxed unless you sign the waiver of pre-tax form. Information and the waiver form are available at:

**Questions:**

Retirement – Katie Douthit katie.douthit@und.edu or 701 777-2157
Insurances – Brandi Byrne brandi.byrne@und.edu or 701 777-2158
Flexible Spending – Cheryl Arntz cheryl.arntz@und.edu or 701 777-4423
UND LIFE Group Term Life and Personal Accident Insurance Enrollment

Name (Last, First, MI)  Employee ID

Social Security #  Date of Birth  Permanent Employment Date

☐ New Hire  ☐ Increase Coverage  ☐ Decrease Coverage  ☐ Beneficiary Change  ☐ Name Change (Former Name) 

Requested Coverage

☑ Basic Life ($5,000 provided by Employer)  $ 5,000

☐ Employee Supplemental Life ($10,000 minimum). **Maximum 10X salary or $500,000 (whichever is less). Evidence of Insurability is required over $150,000. Life insurance amounts will be reduced starting at age 70** $ __________

☐ Spouse Supplemental Life ($5,000 increments) **Cannot exceed 50% of employee** Supplemental. **Evidence of Insurability is required over $20,000** $ __________

☐ Dependent Child(ren) (covers all dependent children) **Must have employee supplemental** $ __________

**EMPLOYEE IS AUTOMATICALLY THE BENEFICIARY FOR SPOUSE/DEPENDENT COVERAGE**

Designation of Beneficiaries

<table>
<thead>
<tr>
<th>Primary Beneficiary(ies)</th>
<th>% Share</th>
<th>Relationship</th>
<th>Birth Date</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Contingent Beneficiary(ies)</th>
<th>% Share</th>
<th>Relationship</th>
<th>Birth Date</th>
<th>Address</th>
</tr>
</thead>
<tbody>
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<td></td>
</tr>
</tbody>
</table>

I hereby apply to Mutual of Omaha for Group Term Life Insurance as presented to me and authorize my employer to make any necessary premium deduction from my salary.

Applicant’s Signature  Date Signed

Group Policy # G000AVV8  Effective Date

04-16-w
The following life insurance plans are provided for all benefit eligible employees of the University of North Dakota.

### Basic Life Insurance

- **Coverage for Employee**
  - All eligible employees receive **$5,000 of Life Insurance coverage**. This benefit includes Accidental Death & Dismemberment (AD&D) coverage.
  - Provided by University of North Dakota. No cost to employee.

### Supplemental Life Insurance

#### Additional Coverage for:
- Employee
- Spouse
- Dependent Unmarried Children

- You may purchase additional life insurance coverage. See rate table on page 2.
- If you enroll during the first 31 days you are eligible, you can purchase up to these amounts without providing any medical information. **The coverage is guaranteed to be issued.**
  - **Employee**: $150,000
  - **Spouse**: $20,000
  - **Children**: $10,000

- You and/or your spouse may purchase coverage above the Guaranteed Amounts with proof of good health. You will need to complete a **Personal Health Application** and be approved by Mutual of Omaha to receive the additional coverage. This application is available from the HR & Payroll Services Office.

  - **The maximum amounts that can be purchased are:**
    - **Employee**: $500,000 or 10 times annual income, whichever is less
    - **Spouse**: $250,000, not to exceed 50% of employee amount

- You must elect Supplemental Life Insurance for yourself in order to purchase this coverage for your spouse. **Minimum employee coverage is $10,000.**
- Spouse coverage cannot exceed 50% of the employee supplemental coverage.
- Spouse rates are based on the Employee’s age.
- You may not elect coverage for your spouse if he/she is an active member of the armed forces of any country or international authority or is already covered as a University of North Dakota Employee under this policy.

#### Dependent Child Coverage

- If you elect Supplemental Life Insurance for yourself, you may purchase coverage for your unmarried dependent children. **No medical information is required.**
- One premium covers all children. This premium provides $10,000 of coverage for each child.
- Children are covered from Live Birth to age 26 (if unmarried).

- Your premium is based on your age on the date you begin coverage, and then your age on January 1 each year thereafter.
- Your coverage and your spouse’s coverage will be reduced by 35% at age 70 and by 55% at age 75 (of the original amount). This reduction applies to the Supplemental Life and Personal Accident coverage. The Basic Life coverage is not reduced. All coverage ends at retirement.
- Upon termination of employment, Supplemental Life coverage may be continued as a term life insurance plan or converted to a permanent cash value type plan.
- If both husband and wife are eligible University of North Dakota employees, you cannot elect spouse coverage.
- If you wish to begin or increase Supplemental Life coverage after you have been eligible for more than 31 days, you will need to complete a **Personal Health Application** and be approved by Mutual of Omaha to receive the additional coverage.
- If you become totally disabled before age 60 and your disability lasts for at least 3 months, your life insurance coverage may be continued, and the premium may be waived.
- Refer to the group policy for provisions regarding coverage for members of the armed forces, and disability of dependents on their normal effective date.

As is standard with most term life insurance, this Insurance coverage includes limitations and exclusions:
- Death by suicide (one year).
- Other exclusions may apply depending upon your coverage.
<table>
<thead>
<tr>
<th>Employee Age as of Effective Date</th>
<th>EMPLOYEE Life Insurance Coverage</th>
<th>SPOUSE COVERAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$10,000</td>
<td>$20,000</td>
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<tr>
<td>&lt;25</td>
<td>0.50</td>
<td>1.00</td>
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<tr>
<td>25-29</td>
<td>0.60</td>
<td>1.20</td>
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<tr>
<td>30-34</td>
<td>0.80</td>
<td>1.60</td>
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<tr>
<td>35-39</td>
<td>0.90</td>
<td>1.80</td>
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<tr>
<td>40-44</td>
<td>1.00</td>
<td>2.00</td>
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<tr>
<td>45-49</td>
<td>1.60</td>
<td>3.20</td>
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<tr>
<td>50-54</td>
<td>2.50</td>
<td>5.00</td>
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<tr>
<td>55-59</td>
<td>4.40</td>
<td>8.80</td>
</tr>
<tr>
<td>60-64</td>
<td>6.80</td>
<td>13.60</td>
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<tr>
<td>65-69</td>
<td>13.20</td>
<td>26.40</td>
</tr>
<tr>
<td>70-74</td>
<td>22.60</td>
<td>45.20</td>
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<tr>
<td>75+</td>
<td>37.40</td>
<td>74.80</td>
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</table>

**DEPENDENT CHILDREN:** $1.60  One premium provides $10,000 of coverage for each eligible child.

This Benefit Highlights Sheet is an overview of the Insurance being offered. It is provided for illustrative purposes only and is not a contract. It in no way changes or affects the policy as actually issued. Only the Insurance policy issued to the policyholder (your employer) can fully describe all the provisions, terms, conditions, limitations, and exclusions of your insurance coverage. In the event of any difference between this Benefit Highlights Sheet and the Insurance policy, the terms of the Insurance policy apply.

For more information, contact the UND HR & Payroll Services office at brandi.byrne@und.edu or 701-777-2158.
In compliance with the Federal Privacy Act of 1974, the disclosure of the individual's social security number on this form is mandatory pursuant to 26 U.S.C. Sec. 3402. The individual's social security number will be used for tax reporting and as an identification number.

**PART A  MEMBER INFORMATION**

<table>
<thead>
<tr>
<th>Policy Number</th>
<th>67389-7</th>
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<tbody>
<tr>
<td>Name (Last, First, Middle)</td>
<td>NDPERS Member ID</td>
</tr>
<tr>
<td>Last Four Digits of Social Security Number</td>
<td>Date of Birth (mm/dd/yyyy)</td>
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<tr>
<td>Marital Status</td>
<td></td>
</tr>
<tr>
<td>Married</td>
<td>Single</td>
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<tr>
<td>Effective Date</td>
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**PART B  DESIGNATION OF BENEFICIARY**

<table>
<thead>
<tr>
<th>Primary Beneficiary(ies)</th>
<th>Relationship</th>
<th>Gender</th>
<th>Social Security Number</th>
<th>Birth Date</th>
<th>% Share</th>
<th>Address</th>
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Total must equal 100%

<table>
<thead>
<tr>
<th>Contingent/Secondary Beneficiary(ies)</th>
<th>Relationship</th>
<th>Gender</th>
<th>Social Security Number</th>
<th>Birth Date</th>
<th>% Share</th>
<th>Address</th>
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</table>

Total must equal 100%

**PART C  MEMBER AUTHORIZATION**

I understand that this election revokes any previous life insurance beneficiary designations. I have read and understand the terms and conditions listed on page two (2) of this designation. I hereby certify that the information provided on this form is true and correct to the best of my knowledge.

Member’s Signature (Electronic Signatures will not be accepted) | Date
Part A  Member Information

Enter your name, NDPERS ID number, date of birth, last four digits of your Social Security Number, marital status, and effective date of change.

Part B  Designation of Beneficiary

1. Use full legal name. (Example: “Anna May Smith,” not Mrs. John Smith”)

2. A member may designate contingent beneficiary(ies) who will receive benefits if the primary beneficiary(ies) predecease member.

3. If more than one person in a class (primary or contingent beneficiary) is named, members of that class will share equally in the benefits unless specific shares are designated. The total number of shares must equal 100 percent. The benefit will be distributed as directed by the designation. If a named beneficiary does not survive, the beneficiary’s share will be distributed among any surviving beneficiaries, in the same proportion as the initial shares.

4. To file a death claim, a certified copy of the Death Certificate must be provided to NDPERS to process the claim.

5. Benefits are not paid out to minor children listed as beneficiaries unless a trust or guardianship has been established, or as allowed by law.

6. If an estate is named, specify whose estate such as: “Estate of the Insured.” Full name and address of the executor must be included.

TRUSTEE DESIGNATION:

1. Trustee under the last will and testament of the insured, or his/her successors in trust, PROVIDED, HOWEVER, that if no claim is made by the Trustee within one year from the date of death of the insured or if the insured shall die leaving no last will and testament containing the trust covering this policy, the proceeds shall be payable to the estate of the insured. Payment of the proceeds of this policy to said Trustee or successors in trust shall fully and finally discharge the Company from all liability.

2. “The _______________ Trust Company, trustee under written trust agreement date (month, date, year) _____________, or its successor or successors in trust, and payment of the proceeds of this policy to said Trustee or successor or successors shall fully and finally discharge the Company from all liability.” Full name and address of trust administrator must be included.

IT IS IMPORTANT TO KEEP YOUR BENEFICIARY DESIGNATIONS CURRENT IF YOU EXPERIENCE LIFE CHANGE EVENTS.

Part C  Member Authorization

You must sign and date this section for this form to be valid.
## Term Life Insurance

- **Basic Life** - $12,000 (employer paid).

- **Employee Supplemental** - Up to $300,000 without medical approval in $5,000 increments within 31 days of hire date. **Coverage over $300,000 (maximum of $600,000) must be medically approved.** Coverage includes the $12,000 basic. All coverage must be medically approved after 31 days of employment.

- **Spouse Supplemental** - Up to $100,000 without medical approval. Spouse coverage is limited to 50% of total employee supplemental. **Coverage over $100,000 (maximum of $300,000) must be medically approved within 31 days of hire.**

  Employee supplemental and dependent coverage are required. All coverage must be medically approved after 31 days of employment.

- **Dependent** - $2,000, $5,000, $7,000 or $10,000 - (covers spouse and unmarried children from birth but less than 26 years of age). **Employee supplemental is required.**

- **If both husband and wife are UND employees** - Dependents and spouse may be insured by both members.

### Monthly Rates

<table>
<thead>
<tr>
<th>Employee Age</th>
<th>Employee / Spouse: Rate is based on employee's age</th>
<th>Dependent</th>
<th>Spouse</th>
<th>Children</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Per $1,000 coverage</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Under 25</td>
<td>0.02 / 0.02</td>
<td>$2,000</td>
<td>$2,000</td>
<td>.20 per month</td>
<td></td>
</tr>
<tr>
<td>25-29</td>
<td>0.02 / 0.02</td>
<td>$5,000</td>
<td>$5,000</td>
<td>.50 per month</td>
<td></td>
</tr>
<tr>
<td>30-34</td>
<td>0.04 / 0.04</td>
<td>$7,000</td>
<td>$7,000</td>
<td>.70 per month</td>
<td></td>
</tr>
<tr>
<td>35-39</td>
<td>0.06 / 0.06</td>
<td>$10,000</td>
<td>$10,000</td>
<td>$1.00 per month</td>
<td></td>
</tr>
<tr>
<td>40-44</td>
<td>0.08 / 0.08</td>
<td>Dependent rate is not age based. It is a flat rate per month no matter how many dependents you are covering.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>45-49</td>
<td>0.09 / 0.10</td>
<td></td>
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<tr>
<td>50-54</td>
<td>0.15 / 0.16</td>
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<tr>
<td>55-59</td>
<td>0.30 / 0.32</td>
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<td>60-64</td>
<td>0.47 / 0.50</td>
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<td>65-69</td>
<td>0.92 / 0.98</td>
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<tr>
<td>70+</td>
<td>1.52 / 1.60</td>
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</tbody>
</table>

Upon termination of employment Voya will send the employee information to continue the coverage.

For further information, contact the Payroll Office at 701-777-2158.
PREVIOUS RETIREMENT PARTICIPATION VERIFICATION of NDPERS, NDTFFR OR TIAA

<table>
<thead>
<tr>
<th>Name:</th>
<th>Last Four SSN:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daytime Phone:</td>
<td>Current Date of Hire:</td>
</tr>
</tbody>
</table>

Employees shall be given credit for the years of service during which they accrued employer-sponsored retirement benefits under the North Dakota Public Employees Retirement System, North Dakota Teachers’ Fund for Retirement, and/or as part of an employer matched TIAA. Credit for TIAA years of service shall also include credit at other institutions, including out-of-state institutions, provided employee has a current TIAA contract (i.e., was not repurchased). These plans do not qualify if you withdrew funds from the employer-sponsored plan or if they were plans with employee contributions only, such as supplemental 403b or 457b.

Please indicate the plan you participated in previously, follow those instructions and complete the signature. If eligible, credit for prior service will start on the next possible payroll after receipt of this form.

☐ TIAA: please forward this form to your prior employer for verification of funds in the account.

☐ NDPERS Retirement or ☐ NDTFFR: please return this form to the UND HR/Payroll Office.

☐ None

I authorize NDPERS, NDTFFR, my prior employer, or TIAA to release my retirement account information for purposes relating to membership and benefits determination to UND. (One form to each employer)

_________________________________ _________________________________
Employee Signature    Date

Prior Employer:

I hereby certify the employee named above, participated in one of the following employer sponsored plans:

☐ TIAA  ☐ NDPERS  ☐ NDTFFR  

**Employer contributions** were made from:

_________________________ to ____________________________

(MM/DD/YY)                      (MM/DD/YY)

Funds are: ☐ Intact  ☐ Disbursed

_________________________________ _________________________________
Signature of Representative    Name of Educational Institution

_________________________________ _________________________________
Printed Name    Phone Number

_________________________________ _________________________________
Title    Fax or email

Please return form to:  **und.payrollbenefits@und.edu**  or Fax 701 777-4721  10/2022
TIAA ONLINE ENROLLMENT
Instructions for enrollment in the University of North Dakota TIAA retirement program.

BE READY WITH YOUR:

- Investment Options
  Go to: www.tiaa.org/ndus EXPLORE
  - One Decision – Allocate 100% of your investment to a TIAA Lifecycle Fund
  - Build Your Own Portfolio – Indicate the percentage of your contribution you want allocated to each fund/account you choose.
- Social Security number
- Beneficiary’s Social Security number (optional), birth date and address

TO ENROLL ONLINE:

Log in to www.tiaa.org/ndus and click “READY TO ENROLL”
- Click on the link for the plan you want to enroll in. New employees choose 401(a).
- Follow the on-screen directions to complete your enrollment application.
NOTE: Information throughout the enrollment process is available to help guide to the allocation choices that are right for you.

Retirement contributions to the 401(a) plan are as follows:

<table>
<thead>
<tr>
<th>Years of Service</th>
<th>Employee Contribution</th>
<th>Employer Contribution</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-2</td>
<td>3.5% of salary</td>
<td>7.5% of salary</td>
</tr>
<tr>
<td>3-10</td>
<td>4.5% of salary</td>
<td>12.5% of salary (Assoc. and Full Prof. begin at 3-10 rate)</td>
</tr>
<tr>
<td>10+</td>
<td>5.0% of salary</td>
<td>13% of salary</td>
</tr>
</tbody>
</table>

There is no need to choose the rate of contribution, this will happen automatically.

The University of North Dakota also has the following Supplemental Plans available through TIAA:

403(b) Tax-Deferred Annuity Plan You may access these funds at age 59 ½, whether you are currently employed at UND or not. There is also a Roth option available for this plan.

457(b) Retirement Plan There is no access to these funds while currently employed at UND.
- If enrolling in a supplemental plan a Salary Reduction Agreement is needed.
- You can obtain this form at: salary-reduction-agreement-6-2018.pdf (und.edu)
- Please complete the form and return it to the Payroll Office.

HELP IS READY FOR YOU
If you need assistance with enrolling online, call TIAA at 800-842-2273, Monday through Friday, from 8 a.m. to 10 p.m., and Saturday from 9 a.m. to 6 p.m. (ET). You will be guided through the online enrollment process.

Any withdrawals you make from your account may be subject to ordinary income tax and an additional 10% federal tax may apply if you make a withdrawal prior to age 59 ½. There are risks when investing in securities, including Lifecycle Funds. Read the prospectus before making any investment choices.

You should consider the investment objectives, risks, charges and expenses carefully before investing. Please call 877 518-9161 or go to tiaa.org for a prospectus that contains this and other information. Please read the prospectus carefully before investing. TIAA Individual & Institutional Services, LLC and Teachers Personal Investors Services, Inc., members FINRA, provide advisory services and distribute securities products. TIAA (Teachers Insurance and Annuity Association), New York, NY issues annuities. FINANCIAL SERVICES FOR THE GREATER GOOD is a registered trademark of Teachers Insurance and Annuity Association.

01/23