SOCIAL DISTANCING GUIDE

KNOW WHEN IT'S OKAY...
& WHEN TO STAY AWAY...

SOCIAL DOS
- Take a walk
- Read a book
- Listen to music
- Go for a drive
- Call a friend
- Bake a new recipe
- Do a crossword
- Play a game
- Skype
- Do a Sudoku

SOCIAL DON'TS

WE CAN DO IT!

GROUPS GATHERINGS
CONCERTS & SPORTING EVENTS
SHOP AT CROWDED MALLS & STORES
GYMS & FITNESS CENTERS
NON-ESSENTIAL TRAVEL